

**Modern Medical Kitchen, IO2 Central Kitchen**

**Venison and Kale Salad over Herbed Polenta (Integris)**

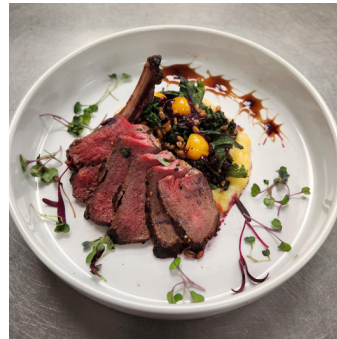
**Version: 19**

**Summary**

| Portions | Std. Port. Size | Yield       | Production Loss | Cost of Sales | Sales Price |
|----------|-----------------|-------------|-----------------|---------------|-------------|
| 25.000   | 1.000 Ea.       | 25.000 Each | 5.11 %          | 1.61          |             |

| Pos | Type | Component               | POT QTY | Std. Port  | Weight | Volume | Loss | Loss2 | ACT QTY | BU      | AVE  | COS   | Prep. Type | Lead Days |
|-----|------|-------------------------|---------|------------|--------|--------|------|-------|---------|---------|------|-------|------------|-----------|
| 1   | I    | Venison Steak           |         | 9 Lb       | 9.375  |        |      |       |         | 9 Pound | 2.97 | 27.84 |            |           |
| 2   | I    | Salt Bulk               |         | 4 Tbsp     | 0.165  |        |      |       |         | 0 Pound | 0.54 | 0.09  |            |           |
| 3   | I    | Spice Black Pepper Bulk |         | 2 Tbsp     | 0.039  |        |      |       |         | 0 Pound | 0.00 | 0.00  |            |           |
| 4   | I    | Oil Olive               |         | 4 Tbsp     | 0.130  |        |      |       |         | 0 Pint  | 3.57 | 0.47  |            |           |
| 5   | R    | Herbed Polenta          |         | 25 Ea.     | 25.000 |        |      |       |         | 25 Each | 0.21 | 5.29  |            |           |
| 7   | R    | Kale and Berry Salad    |         | 25 1/2 Cup | 6.250  |        |      |       |         | 6 Pound | 0.45 | 6.48  |            |           |

**External Recipe Viewer**



**Modern Medical Kitchen, IO2 Central Kitchen**

**Herbed Polenta**

**Version: 5**

**Summary**

| Portions | Std. Port. Size | Yield       | Production Loss | Cost of Sales | Sales Price |
|----------|-----------------|-------------|-----------------|---------------|-------------|
| 25.000   | 1.000 Ea.       | 25.000 Each | 0.00 %          | 0.21          |             |

**Breakdown**

| Portions | Port. Size | Total QTY | Weight/Port. | Origin   |
|----------|------------|-----------|--------------|--|
| 25.000   | 1.000 Ea.  | 25.000    | 0.442 Pound  | Sub-Recipe for Venison and Kale Salad over Herbed Polenta (Integris) |

| Pos | Type | Component            | POT QTY | Std. Port | Weight | Volume | Loss | Loss2 | ACT QTY BU | AVE  | COS  | Prep. Type | Lead Days |
|-----|------|----------------------|---------|-----------|--------|--------|------|-------|------------|------|------|------------|-----------|
| 1   | I    | Water Bulk           | 17      | Cup       | 8.333  |        |      |       | 8 Pint     | 0.00 | 0.00 |            |           |
| 8   | I    | Cornmeal Yellow      | 4       | Cup       | 1.121  |        |      |       | 1 Pound    | 0.70 | 0.78 |            |           |
| 9   | I    | Cream Heavy Whipping | 2       | Cup       | 1.042  |        |      |       | 1 Pint     | 2.50 | 2.61 |            |           |
| 10  | I    | Fresh Thyme          | 2       | Tsp       | 0.009  |        |      |       | 0 Pound    | 0.00 | 0.00 |            |           |
| 11  | I    | Spice Rosemary       | 1       | Tsp       | 0.005  |        |      |       | 0 Pound    | 0.00 | 0.00 |            |           |
| 12  | I    | Spice White Pepper   | 2       | Tsp       | 0.013  |        |      |       | 0 Pound    | 0.00 | 0.00 |            |           |
| 13  | I    | Cheese Parmesan 1oz  | 8       | Ea.       | 8.333  |        |      |       | 8 Each     | 0.23 | 1.89 |            |           |

**External Recipe Viewer**



**Modern Medical Kitchen, IO2 Central Kitchen**

**Kale and Berry Salad**

**Version: 7**

**Cold**

**Summary**

| Portions | Std. Port. Size | Yield       | Production Loss | Cost of Sales | Sales Price |
|----------|-----------------|-------------|-----------------|---------------|-------------|
| 14.493   | 6.900 Oz        | 6.250 Pound | 0.03 %          | 0.45          |             |

**Breakdown**

| Portions | Port. Size | Total QTY | Weight/Port. | Origin   |
|----------|------------|-----------|--------------|--|
| 14.493   | 6.900 Oz   | 14.493    | 0.431 Pound  | Sub-Recipe for Venison and Kale Salad over Herbed Polenta (Integris) |

| Pos | Type | Component                  | POT QTY | Std. Port   | Weight | Volume | Loss | Loss2 | ACT QTY BU | AVE  | COS  | Prep. Type | Lead Days |
|-----|------|----------------------------|---------|-------------|--------|--------|------|-------|------------|------|------|------------|-----------|
| 14  | I    | Vegetable Kale Fresh       |         | 2 Lb        | 2.410  |        |      |       | 2 Pound    | 0.00 | 0.00 |            |           |
| 15  | R    | Wheat Berry for Kale Salad |         | 14 4.000 Oz | 3.615  |        |      |       | 4 Pound    | 0.08 | 1.12 |            |           |
| 17  | I    | Fruit Blackberries Fresh   |         | 2 1/2 Cup   | 0.603  |        |      |       | 1 Pound    | 1.80 | 1.08 |            |           |
| 18  | I    | Fruit Golden Berries Fresh |         | 2 Cup       | 1.205  |        |      |       | 1 Pound    | 1.80 | 2.17 |            |           |
| 19  | I    | Fruit Raspberries Fresh    |         | 2 1/2 Cup   | 0.603  |        |      |       | 1 Pound    | 0.00 | 0.00 |            |           |
| 20  | I    | Oil Olive                  |         | 7 Tbsp      | 0.226  |        |      |       | 0 Pint     | 3.57 | 0.81 |            |           |
| 21  | R    | Balsamic Berry Reduction   |         | 2 1/2 Cup   | 0.603  |        |      |       | 1 Pound    | 0.43 | 1.30 |            |           |

**External Recipe Viewer**



**Modern Medical Kitchen, IO2 Central Kitchen**

**Wheat Berry for Kale Salad**

**Version: 7**

**Cold**

**Summary**

| Portions | Std. Port. Size | Yield       | Production Loss | Cost of Sales | Sales Price |
|----------|-----------------|-------------|-----------------|---------------|-------------|
| 14.461   | 4.000 Oz        | 3.615 Pound | 13.47 %         | 0.08          |             |

**Breakdown**

| Portions | Port. Size | Total QTY | Weight/Port. | Origin                              |
|----------|------------|-----------|--------------|-------------------------------------|
| 14.461   | 4.000 Oz   | 14.461    | 0.250 Pound  | Sub-Recipe for Kale and Berry Salad |

| Pos | Type | Component           | POT QTY | Std. Port | Weight | Volume | Loss | Loss2 | ACT QTY | BU    | AVE  | COS  | Prep. Type | Lead Days |
|-----|------|---------------------|---------|-----------|--------|--------|------|-------|---------|-------|------|------|------------|-----------|
| 1   | I    | Wheat Berries       |         | 2 Cup     | 1.205  |        |      |       | 1       | Pound | 0.00 | 0.00 |            |           |
| 3   | I    | Garlic Minced       |         | 5 Tsp     | 0.074  |        |      |       | 0       | Pound | 3.82 | 0.28 |            |           |
| 4   | I    | Oil Olive           |         | 2 Tbsp    | 0.075  |        |      |       | 0       | Pint  | 3.57 | 0.27 |            |           |
| 7   | I    | Shallot             |         | 14 Oz     | 0.904  |        |      |       | 1       | Pound | 0.00 | 0.00 |            |           |
| 8   | I    | Wine White Cooking  |         | 2 1/4 Cup | 0.301  |        |      |       | 0       | Pint  | 0.00 | 0.00 |            |           |
| 9   | I    | Honey Bulk          |         | 2 Tbsp    | 0.075  |        |      |       | 0       | Pint  | 7.47 | 0.56 |            |           |
| 11  | I    | Stock, LS Chicken   |         | 5 Cup     | 2.410  |        |      |       | 2       | Pint  | 0.00 | 0.00 |            |           |
| 12  | I    | Stock, LS Vegetable |         | 2 Cup     | 1.205  |        |      |       | 1       | Pint  | 0.00 | 0.00 |            |           |

**External Recipe Viewer**



**Modern Medical Kitchen, IO2 Central Kitchen**

**Balsamic Berry Reduction**

**Version: 5**

**Summary**

| Portions | Std. Port. Size | Yield       | Production Loss | Cost of Sales | Sales Price |
|----------|-----------------|-------------|-----------------|---------------|-------------|
| 3.013    | 3.200 Oz        | 0.603 Pound | 0.62 %          | 0.43          |             |

**Breakdown**

| Portions | Port. Size | Total QTY | Weight/Port. | Origin                              |
|----------|------------|-----------|--------------|-------------------------------------|
| 3.013    | 3.200 Oz   | 3.013     | 0.200 Pound  | Sub-Recipe for Kale and Berry Salad |

| Pos | Type | Component                | POT QTY | Std. Port | Weight | Volume | Loss | Loss2 | ACT QTY BU | AVE  | COS  | Prep. Type | Lead Days |
|-----|------|--------------------------|---------|-----------|--------|--------|------|-------|------------|------|------|------------|-----------|
| 1   | I    | Fruit Blackberries Fresh | 0       | 1/2 Cup   | 0.124  |        |      |       | 0 Pound    | 1.80 | 0.22 |            |           |
| 2   | I    | Fruit Blueberries Fresh  | 2       | Oz        | 0.124  |        |      |       | 0 Pound    | 5.45 | 0.68 |            |           |
| 3   | I    | Fruit Raspberries Fresh  | 0       | 1/2 Cup   | 0.124  |        |      |       | 0 Pound    | 0.00 | 0.00 |            |           |
| 4   | I    | Vinegar Balsamic         | 0       | 1/4 Cup   | 0.062  |        |      |       | 0 Pint     | 2.73 | 0.17 |            |           |
| 5   | I    | Honey Bulk               | 1       | Tbsp      | 0.031  |        |      |       | 0 Pint     | 7.47 | 0.23 |            |           |
| 6   | I    | Water Bulk               | 0       | Cup       | 0.249  |        |      |       | 0 Pint     | 0.00 | 0.00 |            |           |

**External Recipe Viewer**

